## PRESS RELEASE

## MBST Award 2020 · Dr. med. Daniel Kozyra · Warsaw · Poland

At the 3<sup>rd</sup> Wetzlar Medical Symposium, Dr. med. Daniel Kozyra from Warsaw was honoured with an MBST Award for his exceptional work in the context of studies about MBST magnetic resonance therapy. The doctor for orthopedics and traumatology specialises in medical rehabilitation and is owner of a clinic for orthopedics and rehabilitation in Warsaw.

### MBST Award for Dr. med. Daniel Kozyra

On the 6<sup>th</sup> of March 2020, during the 3<sup>rd</sup> Wetzlar Medical Symposium about MBST therapy in Wetzlar, Dr. med. Daniel Kozyra was presented with the renowned MBST Award by Axel Muntermann, CEO of MedTec Medizintechnik GmbH, for his activity in research about the therapeutic treatment of back pain and spondylarthrosis. He presented the results of his study in a scientific lecture. One of his conclusions was that patients experienced a significant reduction of pain after MBST therapy.



MedTec Managing Director Axel Muntermann with Dr. med. Daniel Kozyra

## Dr. med. Daniel Kozyra

Dr. med. Daniel Kozyra has been head of his own modern clinic in Warsaw – SOFTMED-LASER S.C. – since 2010. For more than 25 years, he has worked in diagnostic and therapeutic orthopedics as well as surgical treatment of patients with disorders of mobility. He is a member of the Polish Society of Orthopedics and Traumatology, of the Polish Rehabilitation Society and of the Chamber of Military Medicine.

#### Study about the efficacy of MBST magnetic resonance therapy in the case of back pain and spondylarthrosis

100 patients with chronic pain of back and spine between the age of 18 and 86, 58 female and 42 male were included in the study. Patient data was recorded before and after therapy with the Visual Analogue Scale (VAS) for pain and the Oswestry Disability Index (ODI). Modified questionnaires were used to evaluate the state of functioning as well as restrictions in the quality of life of patients with back pain or diseases or injuries of the spine.

#### Study results

Before therapy, patients had hardly been able to lift objects, to sit for more than 10 minutes or hardly at all and had severe problems with sleeping due to their painful condition. After MBST therapy, they were able to lift heavy objects in a comfortable posture or even from the floor, could sit as long as they wanted to and sleep the whole night because the pain had subsided. According to VAS records, the strength of pain was reduced from 6 to 0 points after 3 and up to 12 months and only rose to 0.5 points after 12 to 18 months. The ODI score was reduced from between 15 and 14 points before treatment to between 0 and 4 points afterwards.

#### **About MedTec Medizintechnik GmbH**

Founded in 1998, MedTec Medizintechnik GmbH from Wetzlar has developed from a pioneer to world market leader in the field of therapeutically used MBST magnetic resonance technology. MedTec develops, produces and distributes the worldwide unique and patented technology that is used in MBST therapy system for human, veterinary and aesthetic medicine. Doctors, specialist, medical centres, hospitals, clinics and universities put their trust in the MBST therapy system today – not only in Germany and Europe but worldwide. It is MedTec's vision to enable a healthy, active and pain-free life for patients of nearly every age with its therapeutically used MBST technology. The MBST magnetic resonance therapy achieves that in the treatment of various degenerative diseases and injuries of the musculoskeletal system without needing drugs, injections, infusions, pain killers or surgical interventions. More than 1,000,000 hours of therapy have been applicated with the MBST magnetic resonance technology so far without any side effects or interactions becoming known. MedTec Medizintechnik GmbH stands for global leadership of market and technology with its worldwide patented therapeutically used MBST magnetic resonance technology.



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