

Sportorthopaedie Dresden helps ice hockey pros to return to play faster

Team doctor Dr. med. Lars Stephan uses modern methods in the treatment of the players of Dresdner Eislöwen to keep downtimes as short as possible. One of these treatment options is the MBST magnetic resonance therapy that has just supported the healing process of defense player René Kramer.

Therapeutical approach: molecular biophysical stimulation

In professional sports, injuries have negative consequences for the individual player and for the whole team. Sports injuries lead to a high weight of expectations and a pressure to perform for anyone involved. The player is expected to become fit and active again in the shortest time possible. In order to prevent persisting performance deficits, it is important not to get into the vicious circle of injury – rehab – rebound – rehab. Accelerating the biological healing processes with MBST therapy can reduce the necessary downtimes in professional and leisure sports. The MBST therapy approach is gentle, non-invasive and without illegal substances, also postsurgically and rehabilitation-accompanying. Its aim is to enable a fast and safe return to training, competition and work. Downtimes and the risk for relapses may be reduced considerably due to the increased restoration of full capacity. Professional athletes who were treated successfully with MBST therapy report that they were able to return to training sooner than expected and even won medals at, for example, Olympic Games and World Championships. Scientific data suggests that MBST magnetic resonance technology can trigger various biophysical processes and anti-inflammatory and pain-relieving effects (Steinecker-Frohnwieser et al. 2014, Journal of Orthopedics and Rheumatology 9/2014).

MBST as an important support in the recovery from injuries in professional sports

Due to the good medical support, René Kramer of Dresdner Eislöwen was able to return to the team sooner than prognosticated. The defense player had suffered a muscle injury at the beginning of January. One of the treatment methods used was the MBST magnetic resonance therapy. Kramer was fit to start team training earlier than expected. On Sunday, 9th of February, he was back on the ice for the match against the Rote Teufel Bad Nauheim. René Kramer: "It is great to be back on the ice and train with the guys. I will try to improve every day. A huge thank you to our doc and physiotherapists! They have done a great job so that I could return to training earlier than I thought."

Multiple options for use in professional sports

Different athletes, from soccer to athletics, from volleyball and fist ball to tournament dancing, have tried the MBST magnetic resonance therapy for treatment of injuries on muscles, tendons, ligaments and bones. They include for instance Philipp Weber, Alina Reh, Manuel Eitel, Peter Strosack, Niko Bungert and Maraike Biglmaier. Treated injuries were among others bone bruises (bone marrow edema), stress fractures, tendon complaints, cartilage defects and jumper's knee.

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About MedTec Medizintechnik GmbH

Founded in 1998, MedTec Medizintechnik GmbH from Wetzlar has developed from a pioneer to world market leader in the field of therapeutically used MBST magnetic resonance technology. MedTec develops, produces and distributes the worldwide unique and patented technology that is used in MBST therapy system for human, veterinary and aesthetic medicine. Doctors, specialist, medical centres, hospitals, clinics and universities put their trust in the MBST therapy system today – not only in Germany and Europe but worldwide. It is MedTec's vision to enable a healthy, active and pain-free life for patients of nearly every age with its therapeutically used MBST technology. The MBST magnetic resonance therapy achieves that in the treatment of various degenerative diseases and injuries of the musculoskeletal system without needing drugs, injections, infusions, pain killers or surgical interventions. More than 1,000,000 hours of therapy have been applicated with the MBST magnetic resonance technology so far without any side effects or interactions becoming known. MedTec Medizintechnik GmbH stands for global leadership of market and technology with its worldwide patented therapeutically used MBST magnetic resonance technology.

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